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## BCU Level 3 Inland Kayak Assessment

What does 'non-interventionist' mean? It means you don't need to get stressed about your assessment. We'll just paddle with you for a couple of days and that's all we need to see. There's no role play, no jumping through hoops and no simulating pretend situations: we'll just enjoy a couple of days on the river with you, share a bit of knowledge and finish it with a full, comprehensive debrief

Depending on water levels, we might use the Dart, Tavy or Walkham on Dartmoor or the Exe or Barle in Mid-Devon. Over the weekend we'll also expect you to present a short lecturette – let us know your subject a month before the assessment! We use the standard BCU syllabus and we aim to cover the following:

### Day 1

- We'll watch you in a practical coaching session.
- We'll check out your personal paddling ability.
- We'll test out your knowledge with some theory questions.
- We'll watch you present a short, knowledgeable and entertaining lecturette on an aspect of paddling.

### Day 2

- We'll check out your kit.
- We'll have a look at your on-the-water leadership skills.
- We'll watch your trip planning.
- We'll give you a full and comprehensive de-brief

### Pre-requisites

- Stamped original C1 form authorising assessment and a blank C2
- Current comprehensive BCU membership card
- L3 training course completion and date
- Original current first aid certificate (8 hours minimum)
- Minimum of 30 hours relevant coaching since level 3 Training course

### Logistics

The course starts at 9AM at the River Dart Country Park near Ashburton in Devon. We'll aim to finish by 1600 on Sunday. If you need directions, give us a call!

### Make sure you bring:

Your paddling kit – bring what you want to be assessed on!  
A packed lunch and a hot drink for the river  
Your logbook and paperwork